## Temple Adath Yeshurun

### **HIGH HOLY DAYS 5786**

SEPTEMBER 22 - OCTOBER 15, 2025

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L'Shana Tova......Back Cover

# Prepare for the High Holy Days Selihot Service and Program OCTOBER Join us as we watch the movie, October 8 The emergence of anti-Semitism on college campuses, in social media, and on the streets since October 7, 2023, when Hamas attacked Israel. Saturday, September 13 8:00 pm Refreshments to follow Services at 10:00 pm

### Join us to Break the Fast

Thursday Evening, October 2 following Ma'ariv & Havdalah

\$18/Adult • \$9/child (12 & Under)

Poached Salmon • Kugel
Egg Salad • Tuna Salad
Fruit • Green Salad

Registration required by September 25th at www.adath.org

### The Bond of Life: Dedication of Memorial Endowments

In reverent memory of those who have been inscribed on our Yizkor Wall of Remembrance in 5785, the following names will be honored on Yom Kippur during Yizkor (Thursday, October 2, 2025):

Faiga Bennett Irving Goldman Gerald B Meyer Lois A Meyer Marilyn K Steinberg

Henry Wells









### Service Information for Selihot through Yom Kippur

| SERVICE/PROGRAM  | TIME  | LOCATION                |  |  |  |  |  |
|--|---|-------------------------|--|--|--|--|--|
| Seli <u>h</u> ot - Saturday, September 13, 2025              |   |                         |  |  |  |  |  |
| Havdalah, Movie, Refreshments,<br>& Seli <u>h</u> ot Service | 8:00 PM   | In-Person               |  |  |  |  |  |
| Erev Rosh Hasha  | Erev Rosh Hashanah - Monday, September 22, 2025 |                         |  |  |  |  |  |
| Evening Services   | 6:30 PM   | In-Person/StreamSpot    |  |  |  |  |  |
| Rosh Hashanah  | Day 1 - Tuesday, Septen                         | nber 23, 2025           |  |  |  |  |  |
| Sha <u>h</u> arit  | 8:30 AM   | In-Person/StreamSpot    |  |  |  |  |  |
| Torah Service  | approx 9:15 AM                                  | In-Person/StreamSpot    |  |  |  |  |  |
| Tashlikh   | 5:30 PM   | Meadowbrook Creek       |  |  |  |  |  |
| Min <u>h</u> ah & Ma'ariv                                    | 6:00 PM   | In-Person/StreamSpot    |  |  |  |  |  |
| Rosh Hashanah  | Day 2 - Wednesday, Sep                          | otember 24, 2025        |  |  |  |  |  |
| Sha <u>h</u> arit  | 8:30 AM   | In-Person/StreamSpot    |  |  |  |  |  |
| Torah Service  | approx 9:15 AM                                  | In-Person/StreamSpot    |  |  |  |  |  |
| Blessing of the Newborns                                     | end of services                                 | In-Person/StreamSpot    |  |  |  |  |  |
| Cemetery Se  | Cemetery Service - Sunday, September 28, 2025   |                         |  |  |  |  |  |
| Cemetery Service   | 11:00 AM  | Adath Yeshurun Cemetery |  |  |  |  |  |
| Kol Nidre  | Kol Nidre - Wednesday, October 1, 2025          |                         |  |  |  |  |  |
| Kol Nidre Service  | 6:30 PM   | In-Person/StreamSpot    |  |  |  |  |  |
| Yom Kippur - Thursday, October 2, 2025                       |   |                         |  |  |  |  |  |
| Sha <u>h</u> arit  | 9:00 AM   | In-Person/StreamSpot    |  |  |  |  |  |
| Torah Service  | approx 10:15 AM                                 | In-Person/StreamSpot    |  |  |  |  |  |
| Yizkor   | approx 11:00 AM                                 | In-Person/StreamSpot    |  |  |  |  |  |
| Musaf  | approx 12:00 PM                                 | In-Person/StreamSpot    |  |  |  |  |  |
| Min <u>h</u> a   | 4:30 PM   | In-Person/StreamSpot    |  |  |  |  |  |
| Martyrology  | 5:45 PM   | In-Person/StreamSpot    |  |  |  |  |  |
| Ne'ilah  | 6:15 PM   | In-Person/StreamSpot    |  |  |  |  |  |
| Shofar   | 7:15 PM   | In-Person/StreamSpot    |  |  |  |  |  |
| Ma'ariv & Havdalah   | 7:25 PM   | In-Person/StreamSpot    |  |  |  |  |  |

### StreamSpct<sup>\*</sup>

**StreamSpot Live Feed:** Available on the TAY homepage at www.adath.org Funded by the Lawrence & Janet Bennett Religious Enrichment Endowment



**Zoom Link:** https://us02web.zoom.us/j/87068479079 **Meeting ID:** 870-6847-9079 **Passcode:** 61318

### **Candle Lighting Times**

Rosh Hashanah Day 1 Monday, September 22 6:43 PM

Rosh Hashanah Day 2 Tuesday, September 23 7:42 PM

**Shabbat Shuvah** Friday, September 26

Friday, September 26 6:36 PM

**Kol Nidre** Wednesday, October 1 6:27 PM

Havdalah/Break Fast Thursday, October 2 7:25 PM

Sukkot Day 1 Monday, October 6 6:18 PM

Sukkot Day 2 Tuesday, October 7 7:17 PM

Shabbat Hol HaMoed Friday, October 10 6:12 PM

Shemini Atzeret Monday, October 13 6:07 PM

Sim<u>h</u>at Torah Tuesday, October 14 7:05 PM



Before there was Rosh Hashanah, before these days were known as the High Holy Days, before we had formed the habit of calling the first day of the month of Tishre the Jewish New Year and the birthday of the world, the Biblical name for this holiday was "Yom Teruah," the day of sounding the shofar. The shofar is what is unique about the service. Yes, the prayers are longer and some of the words are

different, but those are matters of degree. The sounding of the shofar is what is unique and special about Rosh Hashanah. And that's important, because while the prayers of the service are addressed to God, the sound of the shofar is meant for us to hear. It's a wake-up call, an alarm clock, as if God were saying to us, "Don't just plead with *Me* for a year of life. I'm giving *you* life; what are you doing with it?"

As we look forward to the New Year of 5786, we should keep this idea in mind. Together with my best wishes, and that of my family, for a happy and healthy New Year, I also hope for a year of positive change; for the Temple, for the Jewish community, and certainly, for all of the Human Family.



From the Cantor Cantor Esa Jaffe ejaffe@adath.org

"Lishmoa el harina v'el hat'filah". "Hear our song and prayer". These are the words that King Solomon said to God when dedicating the newly built Temple and they are also the words said during the Selihot service which opens the High Holiday season.

Each of us has songs and prayers from the past year and songs and prayers we look for in the new year. Our songs celebrate the good moments, the happy events and the successes. And our songs also help us move through the sad and difficult times. Our prayers help us call out our needs and help us express gratitude.

The High Holidays are the time to reflect back on the past year, to think about our songs and prayers. What kind of year did you have? What were the joys and high points? What were the sadnesses, the regrets, the mistakes? As we look back, we learn from the year we had and bring those lessons into the year to come. May the next year be filled with more joy than sadness, and may it be filled with good health and love for all of us.







# From the Presidents Lauren Thirer & Michael Gilman presidents@adath.org

As the sacred days of Rosh Hashanah and Yom Kippur draw near, we find ourselves not only entering a season of reflection, renewal, and peace, but also approaching the close of another remarkable year. This is a time to pause and honor the spirit of *teshuvah* (repentance), *tefillah* (prayer), and *tzedakah* (charity), while also reflecting on the achievements we've shared and the strength we've built together. We are deeply grateful for your dedication, resilience, and the warmth you bring to our community. Through challenges and celebrations alike, your commitment has helped us grow stronger, more connected, and more inspired. May this season bring blessings to each of you and your families, and may the coming year be filled with health, joy, and continued purpose.

This year has not been without difficulties. We have witnessed troubling incidents of anti-Semitism around the world, which have deeply affected us all. In these challenging times, it is more important than ever to stand together, support one another, and reaffirm our commitment to our values and heritage. Despite these challenges, we have made significant strides in our projects, thanks to your unwavering commitment and collaboration. Each one of you has played a crucial role in our accomplishments, and we are incredibly proud of what we have achieved together.

Looking ahead, we are excited about the opportunities that the new year will bring. To continue our momentum, we encourage each of you to actively participate in our upcoming initiatives and share your ideas and feedback.

- **1. Shabbat Services:** Join us for Kabbalat Shabbat on Fridays at 5:30 pm via zoom or at Shabbat B'Yachad (a musical, in person service about once a month) and Saturday mornings at 9:15 am, in person and on StreamSpot.
- 2. **Daily Minyan:** Strengthen our community bonds and support those in need. Join our morning minyan (Sunday 9:00 am, Monday-Friday 7:30 am) or evening minyan (Sunday-Thursday 5:30 pm) on Zoom. Your presence is vital it ensures we have a full minyan, allowing mourners to recite the Kaddish and helping all of us start and end our days with connection and purpose. Every person matters in creating our sacred space. *It's a great way to start and end your day!*
- **3. Learn and Grow Together:** Dive into Torah study, explore Jewish history, or join our "Brunch & Learn" with Rabbi Saks studying the book of Joshua once a month on a Sunday at 9:30 am.
- **4. Tikkun Olam in Action:** Be a force for good in our wider community. From food and clothing drives to local volunteering, let's repair the world together. Visit www.iccsvr.org for opportunities. Your ideas are always welcome!
- **5. Nurturing Our Youth:** Support our youth programs. Register for Religious School at www.adath.org/religious-school. Send Honey from the Heart to loved ones via www.orthoney.com by September 10.
- **6. Celebrate as One:** Join our cultural events. Don't miss our Congregational Apple Picking at Navarino Orchard on Sunday, September 7 from 12:30 2:30 pm! Register at www.adath.org.
- 7. Share Your Talents: Every member of our community has something valuable to offer. Whether you're passionate about event planning, have a knack for technology, or simply want to lend a helping hand, there's a place for you. Explore our committees and find where you can shine.
- **8. Community Care:** Do you know someone who is sick or in need of a call, visit, or more? Please let us know so we can reach out to them! Contact the office at info@adath.org or 315-445-0002. Our community's strength lies in our care for one another. Or simply use the *Please Let Us Know* button on the website.

As we embrace the new year, let us draw inspiration from our rich heritage and the values that bind us together. Let us continue to support one another, strengthen our bonds, and work towards a brighter future for our congregation. We look forward to seeing what we can accomplish together in the year ahead.

Chag Sameach!

With Warmth,

Lauren Thirer & Michael Gilman



### **Calendar of Events**

| SUNDAY   | MONDAY               | TUESDAY   | WEDNESDAY                       | THURSDAY                                   | FRIDAY           | SATURDAY                       |  |
|--|----------------------|---|---------------------------------|--|------------------|--------------------------------|--|
| SEPTEMBER - OCTOBER 2025  All programs and events are subject to change. For the most up-to-date information, check out our digital TAY & You. |                      |   |                                 |  |                  |                                |  |
| Contact the office at info@adath.org to be added to the list or to update your information.  |                      |   |                                 |  |                  |                                |  |
| 14<br>Shofar Workshop  | 15                   | 16  | 17                              | 18   | 19               | 20                             |  |
| 21   | 22                   | 23<br>Rosh Hashanah                                     | 24 Rosh Hashanah                | 25   | 26               | 27                             |  |
|  | Erev Rosh Hashanah   | Day 1<br>Tashlikh                                       | Day 2  Blessing of the Newborns |  |                  |                                |  |
| 28   | 29                   | 30  | 1                               | Yom Kippur<br>Yizkor is Recited            | 3                | 4                              |  |
| Cemetery Service   |                      |   | Kol Nidre                       | Break Fast                                 |                  |                                |  |
| 5<br>Decorate Sukkah   | 6<br>Erev Sukkot     | 7 Sukkot Day 1  Lunch in the Sukkah with Temple Concord | 8<br>Sukkot Day 2               | 9 Hol HaMoed  Scotch & Steak in the Sukkah | 10<br>Hol HaMoed | 11 Hol HaMoed Pizza in the Hut |  |
| 12   | 13                   | 14  | 15                              | 16   | 17               | 18                             |  |
| <u>H</u> ol HaMoed   | Hoshanah Rabah       | Shemini Atzeret<br>Yizkor is Recited                    | Sim <u>h</u> at Torah           |  |                  |                                |  |
| Sukkah Hop   | Erev Shemini Atzeret | Family Sim <u>h</u> at<br>Torah Celebration             |                                 |  |                  |                                |  |



### **Operation Isaiah**

Please fill a bag with canned goods, soup, vegetables, fruits, fruit juice, peanut butter, jelly, tuna, and entree-type canned meals, and bring it with you to services on Kol Nidre and/or Yom Kippur, October 1 & 2. After the holiday, food will be delivered to the food bank. Thank you for doing all you can to help our Central New York neighbors in need!

### **Need Assistance? Contact the TAY Office**



Alicia Gross alicia@adath.org Executive Director



**Donna Centers** dcenters@adath.org *Office Manager* 



Andree Finkelstein andree@adath.org Kitchen Manager



**Jill Greenky** jill@adath.org *Media Specialist* 

### **Attending High Holiday Services**

For your safety and security, admission into services is by ticket only. We look forward to welcoming all of our members and their guests. Tickets will be automatically sent to members. This year, we will be sending one ticket to each adult member to be used for ALL services. This ticket will have a detachable card to be used for the High Holiday Appeal to make a monetary, volunteer, and/or spiritual pledge. Guest tickets are available by request. We welcome friends and neighbors, as well as college students who are looking for a spiritual home. Please submit a guest request through our website www.adath.org or by calling the Temple Office at 315.445.0002. Donations for guest tickets are not required, but always appreciated.

Child Care: will be available for children ages birth to 6 years, supervised by staff from the Rothschild Early Childhood Center. Rosh Hashanah (both days): 8:30 am to end of service; Kol Nidre: 6:30 pm to end of service; Yom Kippur: 9:00 am to end of service. Please register for child care through our website www.adath.org, via upcoming emails, or by calling the Temple Office at 315.445.0002. Child care donations are not required, but always appreciated.

<u>Assistive Listening Devices</u> will be available for all High Holiday services. These units work with T-coil hearing aids or earbuds. They can be used to enhance the clarity of the service.

Parking Information TAY Parking Lot: The first few aisles are reserved solely for those vehicles bearing official handicapped plates or placards. As in years past, you are welcome to drop off passengers by the front door. Parking Lot Located at CBA School on Kimber Road: This lot will be used for overflow parking. Parking Along Kimber Road: Please drive with care as pedestrians will be walking up and down both sides of the street.

<u>Mobile Phones</u> need to be turned off in the synagogue. They interrupt the *K'dusha* (holiness) of the moment. It is especially requested, even when turned off, they not be brought to the pulpit.

### **During the High Holidays**



Tashlikh - A Cleansing Ritual Tuesday, September 23 (Rosh Hashanah Day 1) Meadowbrook Creek at 5:30 pm

In Jewish tradition, bread is a symbol with layers of meaning: a source of life, an expression of appreciation, and a sign of excess and decadence. During our Tashlikh service, we will ritualize the cleansing process of the High Holy Days by casting away crumbs and resetting our relationship with the natural forces that sustain life. Join us at Meadowbrook Creek (corner of Kimber Road and Meadowbrook Drive).



Blessing of the Newborns Wednesday, September 24 At the end the of the service

On Rosh Hashanah, we celebrate the creation of the world and the rebirth that is possible for each of us. We are also blessed to celebrate the births from the previous year and bless our new children and grandchildren. The Blessing of the Newborns will take place on the **second day of Rosh Hashanah (Wednesday, September 24 at the end of the service)**. Fill out the Newborn Info Form at www.adath.org to provide details or call 315.445.0002, so we may share in your joy. Whether you join us onsite or online, every newborn and their family will be recognized during the service.



Cemetery Service Sunday, September 28 at 11:00 am Adath Yeshurun Cemetery

During the High Holy Days, we mark the full cycle of life. As we celebrate with family and friends, we remember those who are no longer with us. On **Sunday, September 28 at 11:00 am**, we will hold the annual Memorial Service at our cemetery. Conducted by Rabbi Saks and Cantor Jaffe, the service continues the tradition of visiting graves of departed loved ones between Rosh Hashanah and Yom Kippur, bringing their memory into the present moment and their legacy into the coming year.

### **Children & Family Services**

Rosh Hashanah Day 1: Tuesday, September 23 Rosh Hashanah Day 2: Wednesday, September 24



Yom Kippur: Thursday, October 2

### Young Children (Birth to Pre-K)

**10:30 am - 11:30 am:** Young children and their families will join together for schmoozing, snacks, and an upbeat service with age-appropriate prayers, stories, and songs. This service is geared toward young children to help them celebrate the holidays. We welcome parents and families to join us for this service.

### Jr. Congregation (Grades K through 6)

**10:30 am - 12:00 pm:** Join us for age-appropriate Services, stories, and activities based on the themes of the High Holidays created with children in mind. During these services, children will hear the traditional prayers and music to develop their own sense of the spirituality of the holidays and the Jewish New Year.



### Yom Kippur Family Havdalah Service - Thursday, October 2

As the sun begins to set and the Gates of Heaven prepare to close, children will march down the aisles of the Goldberg Sanctuary, each carrying a special light. As the lights are dimmed, we will say farewell to the High Holy Days and usher in the New Year. Children will gather at **7:00 pm, immediately before the blowing of the shofar**. Ma'ariv and Havdalah will begin at 7:25 pm and the children will march with their lights during Havdalah.

### Sukkot & Simhat Torah

| Sukkot • Shemini Atzeret • Simhat Torah Service Times |   |  |                      |  |  |  |
|---|---|--|----------------------|--|--|--|
| Service/Program                                       | Date  | Time                                   | Location             |  |  |  |
| Erev Sukkot Services                                  | Monday, October 6                           | 6:00 PM                                | In-Person ONLY       |  |  |  |
| Sukkot I - Morning                                    | Tuesday, October 7                          | 9:15 AM                                | In-Person/StreamSpot |  |  |  |
| Sukkot II - Evening                                   | Tuesday, October 7                          | 6:00 PM                                | Zoom                 |  |  |  |
| Sukkot II - Morning                                   | Wednesday, October 8                        | 9:15 AM                                | In-Person/StreamSpot |  |  |  |
| Sukkot <u>H</u> ol <u>H</u> amoed                     | Thursday, October 9 -<br>Friday, October 10 | 7:30 AM & 5:30 PM                      | Zoom                 |  |  |  |
| Shabbat <u>H</u> ol <u>H</u> amoed                    | Saturday, October 11                        | 9:15 AM                                | In-Person/StreamSpot |  |  |  |
| Sukkot <u>H</u> ol <u>H</u> amoed                     | Sunday, October 12 -<br>Monday, October 13  | 9:00 AM & 5:30 PM (Su);<br>7:30 AM (M) | Zoom                 |  |  |  |
| Shemini Atzeret                                       | Monday, October 13                          | 6:00 PM                                | Zoom                 |  |  |  |
| Shemini Atzeret<br>(includes <i>Yizkor</i> )          | Tuesday, October 14                         | 9:15 AM                                | In-Person/StreamSpot |  |  |  |
| Simhat Torah Family Celebration                       | Tuesday, October 14                         | 7:00 PM                                | In-Person ONLY       |  |  |  |
| Sim <u>h</u> at Torah Service                         | Wednesday, October 15                       | 9:15 AM                                | In-Person/StreamSpot |  |  |  |

### StreamSpot

StreamSpot Live Feed: Available on the TAY homepage at www.adath.org Funded by the Lawrence & Janet Bennett Religious Enrichment Endowment



### **Lulay & Etrog Set Orders**

Gather together the four species from the land of Israel that we wave on Sukkot - palm, myrtle, and willow branches and the citron fruit. Celebrate the land's abundance and listen to the sound they make together, echoing our prayers for rain in Israel throughout the winter.



Zoom Link: https://us02web.zoom.us/j/87068479079 Meeting ID: 870-6847-9079 Passcode: 61318

To order, please fill out the Lulav & Etrog Set order form, which can be found on our website, www.adath.org. Complete sets are available for \$45 each. You can submit payment online via the form or mail a check to: TAY, 450 Kimber Road, Syracuse, NY 13224.

Please order by Friday, September 12.

### Scotch & Steak in the Sukkah • Thursday, October 9 • 7:00 pm

A scotch tasting paired with small bites, including steak. For adults 21+. \$36/person. Register at www.adath.org.

### Pizza in the Hut • Saturday, October 11

Our annual pizza lunch in the Sukkah following morning services.



### Sukkah Hop • Sunday, October 12 • 4:00 - 6:00 pm

Let's celebrate Sukkot with our friends and neighbors! We are looking for families to host a light nosh in their Sukkah as we move from Sukkah to Sukkah. Visit www.adath.org to sign up to host and/or participate.



### Simhat Torah Celebration Tuesday, October 14 • Evening Services at 7:00 pm • Torah Celebration at 7:15 pm

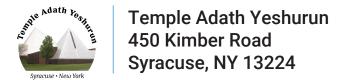
Join us for dancing and fun as we celebrate Simhat Torah together. Celebrate the beginning of the new cycle of the Torah with music and dancing for everyone. Flags and stuffed Torahs will be available, or you can bring your own. Let's end the holiday season together with joy and celebration.

**Visit our Sukkah, fulfill the Mitzvah:** Again this year, we are setting up a Sukkah on the grassy area next to the parking lot for easy access without entering the building. You are welcome to fulfill the mitzvah of sitting in the Sukkah from Monday, October 6 through Tuesday, October 14.



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