

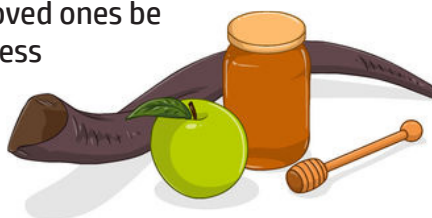
Temple Adath Yeshurun

HIGH HOLY DAYS 5780 & You

We look forward to the joy of celebrating the holidays with you this year! May your prayers be answered and may we enter together into a New Year of health, happiness, peace, and well-being.

May you and your loved ones be inscribed for goodness and blessing.

Shannah Tovah!
Rabbi Zehavi



• Table of Contents •

Service Times.....	pg 2
Children's Services.....	pg 3
Policies.....	pg 4
Ticket Information.....	pg 4
Traditions & Customs.....	pg 5
Celebrate Sukkot at TAY.....	pg 6
Simhat Torah & More.....	pg 7



High Holiday Tickets

For security purposes, please bring your ticket with you to services on Rosh Hashanah and Yom Kippur, and have it out at the door for expedited entry. We reserve the right to inspect handbags and backpacks. Your Rosh Hashanah ticket is an Israel Bonds Card: "Celebrate a Sweet New Year." The Kol Nidre & Yom Kippur ticket is a special purple card.

Selihot: September 21

With the evening Selihot service, we enter the dramatic liturgy of the High Holy Day season. Before the service, Rabbi Zehavi will share insights from *Musar*, a centuries-old Jewish discipline of personal growth. We will connect the practices of *Musar* with the Selihot liturgy and the spiritual work of the High Holy Days.

8:15pm Ma'ariv, Havdalah

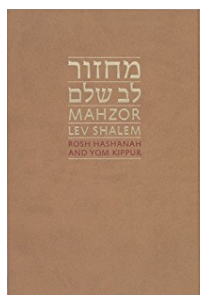
8:45pm Class

Personal Growth and the High Holy Days

9:30pm Dessert Reception
(sponsored by TAY Sisterhood)

10:00pm Selihot Service

Donations of Mahzor Lev Shalem



Now is a great time to make a donation of a Mahzor Lev Shalem, our High Holiday prayer book. Donations can be made: In honor of, in memory of, or in celebration of your loved ones. Please contact the Temple Office or visit www.adath.org to make a donation. **Each book donation is \$36.00.**

Underwritten by the Leonard and Irwin Kamp Foundation



www.facebook.com/templeadath



www.twitter.com/tay_syracuse

High Holiday Service Times: September 21 - October 22, 2019

Selihot: Saturday, September 21

Ma'ariv, Havdalah.....	8:15 pm
Personal Growth & The High Holy Days.....	8:45 pm
Dessert Reception.....	9:30 pm
<i>sponsored by TAY Sisterhood</i>	
Selihot Service.....	10:00 pm

Erev Rosh Hashanah: Sunday, September 29

Evening Services.....	5:30 pm
-----------------------	---------

1st Day Rosh Hashanah: Monday, September 30

Morning Services.....	8:15 am
<i>Shaharit</i>	
<i>Torah Service</i>	
<i>Musaf</i>	
<i>Blessing of the Newborns</i>	
Tashlikh.....	4:45 pm
Evening Services.....	5:30 pm

2nd Day Rosh Hashanah: Tuesday, October 1

Morning Services.....	8:15 am
<i>Shaharit</i>	
<i>Torah Service</i>	
<i>Musaf</i>	
Evening Services.....	7:15 pm

Shabbat Shuvah: Saturday, October 5

Morning Services.....	9:15 am
Minhah.....	(approximately) 12:15 pm

Cemetery Service : Sunday, October 6

Cemetery Memorial Service.....	11:00 am
--------------------------------	----------

Kol Nidre: Tuesday, October 8

Minhah.....	6:15 pm
Kol Nidre.....	6:30 pm

Yom Kippur: Wednesday, October 9

Morning Services.....	9:15 am
<i>Shaharit</i>	
<i>Torah Service (includes Yizkor)</i>	
<i>Musaf</i>	
Study.....	4:00 pm
Minhah • Neilah.....	4:30 pm
Shofar & Havdalah.....	7:20 pm

Erev Sukkot: Sunday, October 13

Evening Services.....	5:30 pm
-----------------------	---------

1st Day Sukkot: Monday, October 14

Morning Services.....	9:15 am
Evening Services.....	5:30 pm

2nd Day Sukkot: Tuesday, October 15

Morning Services.....	9:15 am
Evening Services.....	6:30 pm

Hol Hamoed: October 16 - October 18

Morning Services.....	7:15 am
Evening Services.....	5:30 pm

Shabbat Hol Hamoed: Saturday, October 19

Morning Services.....	9:15 am
Pizza in the Hut.....	following services
Minhah.....	(approximately) 12:15 pm

Hoshanah Rabbah: Sunday, October 20

Morning Services.....	9:00 am
<i>at Congregation Beth Shalom - Chevra Shas</i>	

Shemini Atzeret: Sunday, October 20

Evening Services.....	5:30 pm
-----------------------	---------

Shemini Atzeret/Simhat Torah: Monday, October 21

Morning Services (includes Yizkor).....	9:15 am
Evening Services.....	6:00 pm
Family Celebration.....	6:30 pm

Simhat Torah: Tuesday, October 22

Morning Services.....	9:15 am
Evening Services.....	6:45 pm

High Holy Days 2019: Candle Lighting Times

Rosh Hashanah

Sunday, September 29.....	6:31 pm
Monday, September 30.....	7:36 pm

Shabbat Shuvah

Friday, October 4.....	6:22 pm
------------------------	---------

Kol Nidre

Tuesday, October 8.....	6:15 pm
-------------------------	---------

Sukkot

Sunday, October 13.....	6:06 pm
Monday, October 14.....	7:12 pm

Shabbat Hol Hamoed

Friday, October 18.....	5:58 pm
-------------------------	---------

Simhat Torah

Sunday, October 20.....	5:55 pm
Monday, October 21.....	7:01 pm



High Holiday Children's Services



Rosh Hashanah

Day 1 : Monday, September 30

Day 2: Tuesday, October 1

Yom Kippur

Wednesday, October 9

Junior Congregation

(K to 7th Grades)

10:30 am - 12:15 pm

in the Miron Family Chapel

A child-centered service created to engage and inspire children in grades Kindergarten-7. The program will consist of a High Holiday service for children followed by snacks and activities designed to highlight the meaning of this special time of year. The activities and service will bring children of different ages together to experience “*teshuvah, tefillah and tzedakah*” (repentance, prayer and charity), all qualities of Rosh Hashanah and Yom Kippur. While parents are welcome to join us, this service is designed for the children.

Tots' Program

(Birth to 5 years)

Arrival & Schmoozing: 10:00 am - 10:30 am

Young Children's Service: 10:30 am - 11:30 am in
the Muriel and Avron Spector Library

Young children and their families will join together for an upbeat service with age-appropriate prayers, stories, and songs. This service is geared toward young children to help them celebrate the holidays. For the young children's service, we welcome parents and families to join us. Several honors will be given ahead of time to help lead the service.

Yom Kippur - Neilah - Sounding of the Shofar

Wednesday, October 9

Gather at 7:05 pm

Please gather in the Miron Family Chapel as we get ready to end the holiday with our traditional flashlight walk.



ROSH HASHANAH BACKPACK PROJECT FOR CHILDREN IN FOSTER CARE

Dear Congregants,

As a part of the Junior Congregation service on the second day of Rosh Hashanah, our school age children will be packing up bags that can be given to children living in or entering foster care. Last year, we put together 60 backpacks that were given to children who needed them.

In preparation for that activity, we will be collecting items that the children will be able to put in those bags. We are hoping to provide for children in the target age range of 5 years to 10 years old.

These items should be new:

- Backpacks
- Soap
- Tissues
- Coloring book
- Stuffed animal
- Card Games
- Small toy/activity
- Toothbrush/Toothpaste
- Hairbrush
- Books
- Crayons
- Notebook
- Water bottle
- Pencils and sharpener

With the back-to-school season there should be great deals going on in the stores so it is the perfect time to grab some things next time you are in the store. We would like all of these items to be new.

We will have a collection box at the main entrance of Temple Adath Yeshurun, as well as, the entrance downstairs for the Rothschild Early Childhood Center. ***Please drop off items during regular weekday hours when the building is open, or during religious school on Sundays. Donations can be dropped off from now through Wednesday, September 25. Please remember, the office is closed on Tuesdays.***

You are helping us to make a child's life just a little brighter in the new year. Thank you for helping us to repair the world.

Sincerely,

The Family and Education Programming Committee

High Holiday Policies & Ticket Information

For your security, admission into services will be by ticket only.

High Holiday Tickets

• Rosh Hashanah —

Celebrate a Sweet New Year — Israel Bond Card

• Kol Nidre and Yom Kippur—

a special purple admission card,
used for both of these services

Admission tickets will be mailed **to members “in good standing.”** Members experiencing financial need are welcome to make arrangements by contacting Barbara Simon, Executive Director.

Adults: All adults over the age of 25, except for full-time students, must be members of Temple Adath Yeshurun in order to receive tickets or to request guest tickets for High Holy Day Services. Contact the Temple Office for details.

Guests: Guests are welcome at our High Holy Day services. Whether for out-of-town family or local friends exploring Jewish communities, TAY members in good standing may request guest tickets to the High Holy Day Services. Voluntary contributions to support our community's sacred work are appreciated. Please complete the form below and return it to the Temple office. Tickets will be mailed in advance of the holidays or will be held at the door. For security purposes, they must be presented on arrival. We appreciate your understanding and cooperation.

Temple Adath has had a long standing policy of open seating for all High Holy Day services.

Assistive Listening Devices will be available for all High Holy Day services. These units work with T-coil hearing aids or earbuds. They can be used to enhance the clarity of the service.

Parking Information:

Temple Adath Parking Lot: The first few aisles are reserved solely for those vehicles bearing official handicapped plates or placards. As in years past, you are welcome to drop off passengers by the front door.

Parking Lot Located at CBA School on Kimber Road: This lot will be used for overflow parking.

Parking Along Kimber Road: Please drive with care as pedestrians will be walking up and down both sides of the street.

Phones and electronics need to be turned off in the synagogue. They interrupt the sanctity of the moment. It is especially requested, even when turned off, they not be brought to the pulpit.

Babysitting is available for infants and children up to age six. For security reasons, older children must be in the children's services or with their parents. Childcare is supervised by staff from our Rothschild Early Childhood Center. Reservations are requested and appreciated. Snacks and refreshments are served.

Rosh Hashanah (both days): 8:15 am to end of service

Kol Nidre: 6:15 pm to end of service

Yom Kippur: 9:15 am to end of service

INSTRUCTIONS FOR HIGH HOLY DAY GUEST TICKETS:

We welcome your guests, but for security purposes we require the first and last name, address, and telephone number of each guest. **Please also complete your name, phone, address, and email to expedite receipt of guest tickets.** To help us plan for childcare, please indicate if any babysitting will be needed for children age 6 and under. **(SEE BELOW)**

HIGH HOLY DAY GUEST TICKET REQUEST FORM

To fill out this form online, please visit www.adath.org.

TAY Member's Name _____ Phone Number _____

Address _____ Email Address _____

Mail Tickets to: ☐ Me ☐ My Guest Babysitting needed for # _____ children, Ages _____

Please indicate
which holiday below

Please list your guests' names, addresses, and phone numbers (one guest per line)

RH **YK**

High Holiday Traditions & Customs



Tashlikh - A Cleansing Ritual

In Jewish tradition, bread is a symbol with layers of meaning: a source of life, an expression of appreciation, and a sign of excess and decadence.

During our Tashlikh service, we will

ritualize the cleansing process of the High Holy Days by casting away bread and resetting our relationship with the natural forces that sustain life. The service will be held **at 4:45 pm on the first day of Rosh Hashanah, Monday, September 30**. Join us at Meadowbrook Creek (corner of Kimber Road and Meadowbrook Drive). After the service, we will return to TAY in time for a short snack before the evening services at 5:30pm.

Blessing of the Newborns

On Rosh Hashanah, we celebrate the creation of the world and the rebirth that is possible for each of us. We are also blessed to celebrate the births that have taken place in our community in the previous year and bless our new children and grandchildren. The Blessing of Newborns will take place in the Goldberg Sanctuary at the end of the Musaf service and before the conclusion of the main service on the **first day of Rosh Hashanah, Monday, September 30**. Parents and grandparents will rise to say the Shehecheyanu blessing for reaching this joyful moment. All new parents, grandparents, and great-grandparents are invited to participate.



Please call the Temple Office at 315.445.0002 or send an email to info@adath.org with your new addition's name and birth date.

Cemetery Memorial Service

During the High Holy Days, we mark the full cycle of life. As we celebrate with family and friends, we remember those who are no longer with us. On **Sunday, October 6th at 11:00 am**, we will hold the annual Memorial Service at our cemetery. Conducted by Rabbi Zehavi and Cantor Jaffe, the service continues the tradition of visiting graves of departed loved ones between Rosh Hashanah and Yom Kippur, bringing their memory into the present moment and their legacy into the coming year.

Operation Isaiah



Please fill a bag with canned goods, soup, vegetables, fruits, fruit juice, peanut butter, jelly, tuna, and entree-type canned meals, and bring it with you

to services on **Kol Nidre and/or Yom Kippur, October 8th and 9th**. After the holiday, food will be packed and delivered. Thank you for doing all you can to help our Central New York neighbors in need!

Break on Yom Kippur Afternoon and Study Session

There will be a break from services from around **2pm to 4:30pm** on Yom Kippur afternoon, **Wednesday, October 9**. This can be a time to rest, reflect, and recharge before the concluding services of the holiday. For those interested in staying at the synagogue during this time, there will be areas set up to sit and relax as well as printed materials for conversation and reflection. **Between 4pm and 4:30pm**, Rabbi Zehavi will lead a study session with thoughts and intentions to bring into the final hours of the day.

Yom Kippur Family Havdalah Service

As Yom Kippur comes to a close, our little ones – children, grandchildren and great-grandchildren – will march down the aisles of the Goldberg Sanctuary, each carrying a special light. As the lights are dimmed, we will say farewell to the High Holy Days and welcome the new year. This ceremony will take place about **7:10 pm on Yom Kippur Day, Wednesday, October 9th**, immediately before the blowing of the shofar.

Food Related Customs for Rosh Hashanah



Round Challah: Challah can be made in many shapes; braided is typical for Shabbat. The custom on Rosh Hashanah is to have round challot to symbolize the cycle of life.

Dipping Apple or Challah in Honey: As a symbol of our wish for a sweet new year, there is a custom to dip a piece of apple or challah in honey and say the following before eating:

יְהִי רָצוֹן מִלְּפָנֶיךָ ה' אֱלֹהֵינוּ וְאֵלֵהֵי אֲבוֹתֵינוּ
שֶׁתַּמְדֵּשׁ עָלֵינוּ שָׁנָה טוֹבָה וּמְתוֹקָה.

Y'hi ratzon m'lifanekha Adonai eloheinu v'elohei avoteinu she t'hedesh aleinu shanah tovah oom'tukah.

May it be Your will, Adonai our God and God of our ancestors, to renew this year for us with sweetness and happiness.

New Fruit: Another custom is to eat a just-in-season fruit which we have not yet eaten in order to focus on the cycle of seasons and to appreciate our ability to celebrate. The new fruit is eaten between kiddush and ha-motzi, after saying the brakha:

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הָעֵץ.

Barukh atta Adonai eloheinu melek ha-olam, boreh pri ha-etz.

Praised are You, Adonai, Master of time and space, Creator of tree-fruit.

Celebrate Sukkot at Temple Adath Yeshurun

Tots Family Dinner in the Sukkah

Sunday, October 13 • 5pm – 6:30 pm

Join us as we decorate and enjoy dinner in the sukkah! For more information, please contact Alicia Gross at alicia@adath.org.



Funded by the Edward & Marilyn Steinberg Family Fund for Tiny Tots & Preschool Children's Programming.

"The Best Way to Predict the Future Is To Create It." ~ Abraham Lincoln

Please join the wonderful "Women of TAY" as we explore ways to "Create Our Future."

Thursday, October 17 at 7:00 pm



Margie Miller, WLCJ International President, will join us for our annual Sisters in the Sukkah program. We will join together in a simple discussion, seeking simple solutions for our Sisterhood.

Free to attend. RSVPs requested by October 11 to Joan Lowenstein at jmglowe@gmail.com.

PIZZA IN THE HUT



Make Sukkot special by joining us Saturday, October 19 following morning services.

Reservations requested. Contact the Temple Office by Thursday, October 17 at 315-445-0002 or by email at info@adath.org.



SUNDAES IN THE SUKKAH

Monday, October 14 at 10:00 am

Services for school age kids and young children followed by make-your-own ice cream sundaes in the sukkah. RSVPs requested and appreciated. RSVP to school@adath.org by Thursday, October 10. Please let us know of any allergies or dietary restrictions when registering.

Lulav and Etrog Orders Being Taken

Fall harvest time approaches, and that means gathering together the four species from the land of Israel that we wave on Sukkot - the palm, myrtle, and willow branches and the citron fruit. They help us celebrate the land's abundance; the sound they make echoes our prayers for rain in Israel throughout the winter.

Complete sets are available for \$36. To order, please contact the Temple office or return the coupon below with a check made payable to Temple Adath Yeshurun.

Name _____

Address _____

City _____ State ____ Zip Code _____

Phone (____) _____

Email Address _____

Simḥat Torah & More at Temple Adath Yeshurun

Simḥat Torah Aliyot

The central part of services? Reading the Torah. Over the course of a year we read from the beginning of the scroll to its end, tracing from creation through arriving at the Promised Land.

There are two special aliyot, marked on the morning of Simḥat Torah: one, Kalat or Hatan Torah, marks the last aliyah of Deuteronomy, the other, Kalat or Hatan Bereshit, the first in Genesis. Around the world, these two aliyot are considered to be special honors.

Again this year, TAY will be awarding these honors to members who have earned them through service to the congregation.

Watch for the announcement designating those to be honored in 5780.

Simḥat Torah

Monday evening, October 21

Tots' Simhat Torah at 6:00 pm

Evening services at 6:00pm

Join the Family Celebration which is at 6:30 pm.



THE BOND OF LIFE

DEDICATION OF MEMORIAL ENDOWMENTS

In reverent memory of those whose names have been inscribed on our Yizkor Wall of Remembrance in 5779.



Rose Franklin
Lawrence Greenhouse
Irving Newman
Eli Roth
Joan Roth
Jay Edward Sasson
Alan Share
Lester Siegel
Abraham Silverbush
S. Seymour Spevak

Sacred Garments - A message from Rabbi Zehavi

Aside from personal taste, there are many reasons for how we choose to dress. We might mark a special role, like a judge when court is in session, or allegiance to a team with a particular (orange) jersey. Dress can signify group belonging or demonstrate recognition of the specialness of an occasion.

Clothing can also signal distance or closeness between people. Uniforms of various kinds hide economic and social differences; brand names highlight them.

Though the ancient priests certainly wore distinctive garments that marked the sanctity of their service, there has been a general trend over the course of Jewish history for the visual distinction between classes of Jews to fade. The *tzitzit* (fringes) that we are instructed to wear bear reference to the headdress of the high priest. They are a way that the clothes of common Israelites were linked to priestly dress. Male head-coverings, originally typical of the scholarly class, were gradually adopted by others. And the garments now considered characteristic of different *Haredi* (ultra-Orthodox) communities were initially worn by elite groups only to be later adopted more broadly.

Since joining TAY, I have frequently heard the desire for the rabbi to be accessible and approachable, not to appear somehow like a member of a different “class of Jew”. This is a commitment that I share. Cantor Jaffe and I have together been mulling this over in relation to the way we will dress during the High Holy Days, when the largest gatherings of this community will take place. We have made the decision not to mark ourselves off from the community by wearing robes. Instead, we will wear our own versions of a garment available to all adult Jews - a *tallit*. Cantor Jaffe will wear a special, new *tallit*. I will wear a *tallit*, presented to me at my ordination, that I have saved specifically for this occasion.

Our intention is to honor the weight of our roles as clergy and the sanctity of these days while at the same time reflecting the essential egalitarianism of the holidays. Regardless of title and status, we each stand before our Creator called to account for the gap between who we have been and who we can be. We look forward to humbly standing with all of you.

Temple Adath Yeshurun extends thanks to the Lawrence & Janet Bennett Religious Enrichment Endowment Fund, which provides funds for purchase of ritual items throughout the year.



Temple Adath Yeshurun
450 Kimber Road
Syracuse, NY 13224

Non-Profit Org.
U.S. Postage
PAID
Syracuse, NY
Permit No. 2488

Interfaith Family Forum

Engaging with a Jewish community as someone from another background can be wonderful, painful, or any number of experiences in between. Rabbi Zehavi is hoping to facilitate a recurring discussion group for those who don't identify as Jewish but are part of a Jewish family or community as well as those partnered with someone of another background. This will be an opportunity for participants to share with and support each other and for all of us to learn from each other's experiences.



Sessions are expected to be scheduled for Sunday mornings starting after the Holidays. If you are interested and/or would like to suggest topics for discussion, please call the Temple office at 315.445.0002 or email info@adath.org.

Foundations for Jewish Life

**Sundays at 10:45 am
beginning Sunday, October 27**

Every important practice involves returning to the basics, each time at a deeper level. In Judaism, as in life, things aren't always as they seem. Ideas that appeared simple when we were children might be far more complex (and interesting!) from an adult perspective.

This class is intended for a wide range of backgrounds. Whether you want to revisit your childhood Jewish education with adult sophistication, enrich your experience of Judaism with new insights, or gain basic knowledge, you are most welcome! The course is appropriate for those exploring Judaism for the first time or considering conversion. Our study will incorporate Jewish history, Torah, practice, and thought.

Registration requested. To register, please contact the Temple Office at 315-445-0002, info@adath.org, or www.adath.org.